

# FIVE CORE COMPETENCIES

<b>1</b> PUBLIC SPEAKING	<b>2</b> INTERPERSONAL COMMUNICATION	<b>3</b> STRATEGIC LEADERSHIP	<b>4</b> MANAGEMENT	<b>5</b> CONFIDENCE
-----------------------------	---	----------------------------------	------------------------	------------------------

\*Confidence is unique because it cannot be taught, but is gained in every path.

## 10 PATHS

The primary core competencies represented in each path are listed in order of emphasis next to the path name.

	<b>Dynamic Leadership</b> <i>Build strategic leadership and conflict resolution skills</i>	1 2 3 5
	<b>Effective Coaching</b> <i>Build interpersonal communication, leadership and coaching skills</i>	1 2 4 5
	<b>Innovative Planning</b> <i>Build creative project management and communication skills</i>	1 4 2 5
	<b>Leadership Development</b> <i>Build communication and leadership skills</i>	1 2 4 5
	<b>Motivational Strategies</b> <i>Build motivational leadership and communication skills</i>	1 2 3 5
	<b>Persuasive Influence</b> <i>Build skills to lead in complex situations</i>	1 3 2 5
	<b>Presentation Mastery</b> <i>Build public speaking skills</i>	1 5
	<b>Strategic Relationships</b> <i>Build networking, leadership and communication skills</i>	1 2 3 5
	<b>Team Collaboration</b> <i>Build collaborative leadership skills</i>	1 4 2 5
	<b>Visionary Communication</b> <i>Build innovative communication and leadership skills</i>	1 3 2 5

## Level 1: Mastering Fundamentals

<b>01</b>	<b>02</b>	<b>03</b>
-----------	-----------	-----------

### 01: The Ice Breaker

A 4 to 6 minute speech to introduce yourself to the club. Your speech may be humorous, informational, or any other style that appeals to you.

### 02: Evaluation & Feedback

A 5 to 7 minute speech on any topic, then review and incorporate feedback from your first speech into a second 5 to 7 minute speech. After completing both speeches, serve as a speech evaluator.  
(May be used as credit for Level 4 requirement)

### 03: Researching & Presenting

Select and research a topic you are not familiar with, or you wish to learn more about, and present a 5 to 7 minute speech.

## Level 3: Increasing Your Knowledge

<b>07</b>	<b>08</b>	<b>09</b>
-----------	-----------	-----------

### 07: A required Project

List of projects in Level 3:  
Negotiate the Best Outcome  
Reaching Consensus  
Understanding Emotional Intelligence  
Understanding Conflict Resolution  
Present a Proposal  
Planning & Implementing  
Persuasive Speaking  
Successful Collaboration  
Develop a Communication Plan  
Make Connections through Networking

### 08, 09: Choose an Elective

List of 13 electives in Level 3:  
Deliver Social Speeches  
Using Presentation Software  
Connect with Storytelling  
Creating Effective Visual Aids  
Using Descriptive Language  
Connect with Your Audience  
Focus on the Positive  
Inspire Your Audience  
Prepare for an Interview  
Understanding Vocal Variety  
Effective Body Language  
Active Listening  
Make Connections Through Networking

## Level 2: Learning Your Style

<b>04</b>	<b>05</b>	<b>06</b>
-----------	-----------	-----------

### 04, 05: A required Project

List of projects in Level 2:  
Understanding your Communication Style  
Understanding your Leadership Style  
Connect with your Audience  
Active Listening  
Managing Time  
Effective Body Language  
Cross Cultural Understanding

### 06: Introduction to Toastmasters Mentoring

Reflect upon a time when you were a mentee, and present a 5 to 7 minute speech. Share the impact and importance of having a mentor. This speech is not a report on the content of this project.

## Level 4: Building Skills

*	<b>10</b>	<b>11</b>
---	-----------	-----------

### \*Serve as Toastmaster, Topics-master, and Project Evaluator before beginning Level 4

### 10: A required Project

List of projects in Level 4:  
Manage Change  
Manage Projects Successfully  
Leading your Team  
Motivate Others  
Leading in Difficult Situations  
Managing a Difficult Audience  
Public Relations Strategies  
Communicate Change  
Improvement through  
Positive Coaching

### 11: Choose an Elective

List of 8 electives in Level 4:  
Create a Podcast  
Building a Social Media Presence  
Managing a Difficult Audience  
Write a Compelling Blog  
Manage Online Meetings  
Question-and-Answer Session  
Public Relations Strategies  
Manage Projects Successfully

## Level 5: Demonstrating Expertise

<b>12</b>	<b>13</b>	<b>14</b>
-----------	-----------	-----------

### 12: A required Project

List of projects in Level 5:  
Lead in Any Situation  
Leading in your Volunteer Organization  
Manage Successful Events  
Team Building  
High Performance Leadership  
Prepare to Speak Professionally  
Develop your Vision

### 13: Choose an Elective

List of 6 electives in Level 5:  
Lessons Learnt  
Moderate a Panel Discussion  
Ethical Leadership  
High Performance Leadership  
Prepare to Speak Professionally  
Leading in your Volunteer Organization

### 14: Reflect on your Path

At a club meeting, present a 10 to 12 minute speech to share your experience completing your path. Your speech may be in any style that appeals to you and supports your speech content.

### Projects common to all Paths

### Required Project, specific to your Path

### Choose an Elective

(may not repeat any project attempted in the same path)

Required	Electives
Complete 2 paths	Club Mentor OR Club Coach
Serve as Club Officer	YLP OR Speechcraft OR Club Sponsor
Serve as District Officer	

### DTM Project

Plan and complete a project that benefits an organization. Develop a team, design a plan and deliver a 5 to 7 minute speech. Organize the project and lead the team to complete it. Ask members of your team, the organization, and a peer to complete a 360° evaluation. Deliver a 8 to 10 minute speech.

### Pathways DTM